

NLCBS 2021 COVID-19 Guidelines

General

- Signs to be posted stating no one should play, attend and/or participate if they currently have related symptoms or have been in contact with anyone who has COVID-19 related symptoms
- Players should use their own gloves, helmets, and bats as much as possible
- Everyone is encouraged to bring their own chairs or stand. Fans should practice social distancing between different household units and accept personal responsibility for public health guidelines.
- Implement any other reasonable measures under the circumstances of each field/ age group to ensure social distancing of staff, players, and community members, increased hygiene practices, and other public health measures to reduce the risk of transmission of COVID-19 consistent with guidance issued by the IDPH.
- Assign one NLCBS Board Member per night of operation to clean and disinfect the concession stand and restrooms.
- Restrooms will only be available during field use, secured afterwards

Mandatory

Recommended

<p>Arrival to ballpark(s)</p> <ul style="list-style-type: none"> - Players, spectators and NLCBS staff must maintain a 6ft distance while arriving - Parents are responsible for completing a self-evaluation of themselves and each family member. Anyone experiencing related symptoms must stay home. Per CDC; cough, shortness of breath, difficulty breathing, fever, chills, muscle pain, sore throat and loss of taste or smell 	<ul style="list-style-type: none"> - Players are encouraged to travel to and from only with immediate household members (carpooling is discouraged).
<p>Practice</p> <ul style="list-style-type: none"> - Players and coaches must adhere to a 6ft. distance whenever possible - Spectators must maintain a 6ft distance at all times - Coaches must wear face protection when social distancing is not possible. - Players must wear face protections anytime social distancing is not possible - Shared equipment should be sanitized before, between and after each usage/ practice - Coaches will monitor responsible play conduct; distancing, clean equipment, minimal player contact, no spitting 	<ul style="list-style-type: none"> - Spectators are encouraged to wear face coverings - Coaches are encouraged to align drills and players to encourage distancing as much as possible - Assigned communal equipment is encouraged - Personal equipment usage is encouraged
<p>Athletes</p> <ul style="list-style-type: none"> - Players and coaches must adhere to a 6ft. distance whenever possible - Players must wear face protections anytime they are not actively playing defense or at-bat - No Touch Rule: no high-fives, handshake lines, or other non-essential contact - So spitting, eating seeds, or other similar items 	<ul style="list-style-type: none"> - Hand washing and hand sanitizing between drills and at-bats are encouraged - Equipment should be kept at a distance and separated whenever possible - Encouraged to bring their own hand sanitizer - Avoid touching face and licking hands/ fingers both on and off the field of play
<p>Spectators</p> <ul style="list-style-type: none"> - Must adhere to 6ft social distancing practices. This includes in and around bleachers for anyone not in the same household - responsible for completing a self-evaluation of themselves and each family. Anyone experiencing related symptoms must stay home. Per CDC; cough, shortness of breath, difficulty breathing, fever, chills, muscle pain, sore throat and loss of taste or smell - Must not enter the field of play 	<ul style="list-style-type: none"> - Spectators are encouraged to wear face coverings - Hand washing or sanitizing in the absence of soap and water is recommended - Encouraged to bring their own chairs and utilize the entire fence line to maintain social distancing practices

<p>Coaches</p> <ul style="list-style-type: none"> - Must adhere to social distancing practices. - Must wear face coverings when social distancing is not possible - Responsible for completing a self-evaluation of themselves and each family. Anyone experiencing related symptoms must stay home. Per CDC; cough, shortness of breath, difficulty breathing, fever, chills, muscle pain, sore throat and loss of taste or smell - No spitting, eating seeds, gum or other similar products - No Touch Rule: no high-fives, handshake lines, or other non-essential contact - Must ensure that players are following COVID-19 related prevention measures 	<ul style="list-style-type: none"> - Help to ensure players are adhering to social distancing in dugouts, other seating areas and wearing face coverings when social distancing is not possible.
<p>Umpires</p> <ul style="list-style-type: none"> - Must adhere to 6ft social distancing practices when interacting with players, coaches and spectators - Responsible for completing a self-evaluation of themselves. Anyone experiencing related symptoms must stay home. Per CDC; cough, shortness of breath, difficulty breathing, fever, chills, muscle pain, sore throat and loss of taste or smell - Must wear face coverings when social distancing is not possible - Must avoid exchanging documents and/or equipment whenever possible 	
<p>Modified Game Play</p> <ul style="list-style-type: none"> - Managers/coaches and players should be assigned spots in the dugout or on the bleachers so that they are at least six feet apart and must be placed behind a fence - Players are to stay at their assigned spots when on the bench or while waiting their turn to bat - Baseballs and softballs should be rotated through on a regular basis, at least every two innings, to limit individual contact - Umpires should limit their contact with the ball, and catchers should retrieve foul balls and passed balls where possible - Balls used in infield/outfield warm-up should be isolated from a shared ball container - Foul balls landing outside the field of play should be retrieved by participating players, coaches, and umpires. No spectators should retrieve the ball 	
<p>Leaving the ballpark</p> <ul style="list-style-type: none"> - Individuals should not congregate in common areas or parking lots - Must maintain 6ft social distancing practices - Post game snacks are not allowed 	<ul style="list-style-type: none"> - Post game team meetings are discouraged - Players are encouraged to travel to and from only with immediate household members (carpooling is discouraged).

Concession Stand Guidelines TBD

Staff and Facility	Public/ Users
<ul style="list-style-type: none"> - All picnic tables will be removed to discourage congregating - Serve from one service window 	<ul style="list-style-type: none"> - Users must maintain social distancing requirements (6ft distance) - Credit card purchases are preferred over cash

<ul style="list-style-type: none">- Staff will be required to wear masks and gloves while working- All sales will be electronic, no cash sales.- Only one person will be allowed to approach the service window at a time, line spacing will be set a 6ft. Intervals with one entrance and one exit- All products will be self-contained and individual servings, products that require communal storage will not be used- One staff member/ volunteer will be dedicated solely to cleaning and disinfection while the facility is in use-	<ul style="list-style-type: none">- One person per party approaches the service counter- Maintain grab and go method of purchasing
---	---